

SOCIAL/MEDICAL QUESTIONNAIRE - ADULTS

Patient _____ Date _____

Date of Birth ___/___/___ Age _____ Sex _____

Briefly, why are you seeking treatment at this time?

Who referred you to our office? _____

If this is a professional who referred you, do you give consent that we may acknowledge to this person/office that we have seen you? ___ Yes ___ No

FAMILY HISTORY

Place of Birth _____ No. of Siblings _____ Your No. In Family _____ Parents' Marital Status Now _____

What is your race? ___ Black ___ White ___ Native American ___ Hispanic ___ Asian Other (specify) _____

Father's Education _____ Occupation _____ Age _____ If Deceased, give year _____

Mother's Education _____ Occupation _____ Age _____ If Deceased, give year _____

Did your Father work while you grew up? ___ Yes ___ No Did your Mother work while you grew up? ___ Yes ___ No

While growing up, were your parents: _____ Single _____ Married _____ Separated _____ Divorced

If Separated/Divorced, how old were you at the time? _____

With whom did you live while you were growing up? _____

Describe your relationship with your:

Father _____

Mother _____

Siblings (please list name and age of each sibling) _____

If any brother/sister is deceased, give name, cause and age of death _____

Have you ever been physically or sexually abused (circle which one)? No Yes Don't know
If "Yes," when and by whom? _____

Have you ever physically or sexually abused anyone (circle which one)? No Yes
If "Yes," when and who? _____

Have your parents or any other family members had any mental health or alcohol/other drug problems? No Yes
If "Yes," describe who and what: _____

ADULT/MARITAL HISTORY

Your current marital status: Single Married Divorced Widowed
 Separated Unmarried, Living with Significant Other

If female, your maiden name: _____

Your first marriage _____ / _____ / _____ / _____
Age Date No. of Children If divorced, give date

Your second marriage _____ / _____ / _____ / _____
Age Date No. of Children If divorced, give date

Any additional marital information: _____

List the names and ages of your children:

<u>Name of Child</u>	<u>Age</u>	<u>With Whom Child Lives</u>	<u>Quality of your Relationship</u>	<u>Problems</u>
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

With whom do you currently live? Name _____ Relationship _____

Do you consider yourself to be? Heterosexual Homosexual Bi-Sexual Other

Check the best description of your relationship with your present significant other:

Excellent Good Fair Poor

Conflicts are over: money mental health problems communication
 friends alcohol/other drug use in-laws
 job legal problems sex
 other(s)-describe: _____

Any additional information: _____

EDUCATION

What is the highest grade you completed? _____ Grade ___ G.E.D. ___ Some College ___ College Degree ___ Graduate Degree

Last school attended _____

List any specialized vocational training you have: _____

Are you satisfied with your education? ___ Yes ___ No If "no," why not?" _____

VOCATIONAL

Are you currently employed? ___ Yes ___ No If employed, how long in this job? _____

Type of Work _____ Are you satisfied with your job? _____

What jobs have you held in the past?

<u>Job</u>	<u>Length of Time</u>	<u>Reason for Leaving</u>	<u>Job Satisfaction</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

MILITARY SERVICE

Served in the armed forces? ___ No ___ Yes Years: _____ Branch: _____

Duty _____ Highest Rank _____ Honorable Discharge? ___ Yes ___ No

SOCIAL RELATIONSHIPS

Describe your friendships: ___ I have no friends ___ I have only acquaintances ___ I have both acquaintances and close friends

How many close friends do you have? _____

How often do you see them? ___ Daily ___ Frequently ___ Once in a while ___ Infrequently

LEISURE TIME

How do you spend most of your leisure time? ___ Alone ___ With Others ___ About Equal

List your hobbies, leisure time activities, interests and talents: _____

_____ Which do you like best? _____

What do you and your friends/acquaintances do together? _____

Have your leisure activities changed in the last two years? ___ Yes ___ No

If "Yes," explain how? _____

FINANCES

Do you currently have financial problems? Yes No If "Yes," explain: _____

What have you done to help your financial problems? _____

LEGAL PROBLEMS

Have you ever been involved with the police or the courts? Yes No If "Yes," specify the:

<u>Charge</u>	<u>Date</u>	<u>Outcome</u>	<u>Was this related to alcohol or other drug use?</u>

MEDICAL/HEALTH HISTORY

Describe your general physical health: Good Fair Poor

When was your last physical exam? (month) _____ (year) _____ I can't remember the exact date, but it was approximately _____ years ago.

Reason for last physical exam _____

Name of your physician _____

Address _____

If you were referred to our office by someone other than your Primary Care Physician or you initiated treatment on your own, do we have your permission to contact your PCP and inform them of your visit/status? Yes No

Check all of the following physical conditions that apply to you now or in the past:

- Thyroid Problems
- Headaches
- Menstrual Problems
- Low Blood Sugar
- Diabetes Mellitus
- Chest Pains
- High Blood Pressure
- Trouble Sleeping
- Seizures
- Asthma
- Stomach Ulcers
- Colitis
- Attention Problems
- Other(s) (Specify) _____

Do you now have or have you in the past had any:

Sleep problems? No Yes If "yes," explain: _____

Describe your sleep generally: Good Fair Poor

Allergies? No Yes If "yes," list them: _____

Have you ever had an allergic reaction to a food, medicine, environmental stimulus (e.g. dust, grass) drug or alcohol? No Yes if "Yes," to what? _____

Contagious or other diseases? No Yes If "yes," which? _____

Accidents/Injuries? No Yes If "Yes," describe? _____

Surgery? No Yes If "Yes," explain? _____

Do you have a Disability/Handicap? No Yes If "Yes," describe: _____

Check those you eat: Meats Fruits and Vegetables Dairy Products Breads

Describe your appetite: Good Fair Poor Do you eat regularly? Yes No

List any illnesses that run in your family: _____

Have you ever had a major illness? No Yes If "Yes," describe the:

Illness

Year

Have you ever been hospitalized? No Yes If "Yes," explain the:

Reasons for the Hospitalizations

Year

EMOTIONAL HEALTH

Have you ever had previous treatment/evaluation of emotional, learning or school-related problems?
 Yes No

If "Yes," was it:

Outpatient Inpatient Day Hospital Substance Abuse
 Mental Health Psychological Testing Psychiatric Evaluation

Name of Center/Individual

Address

Year

- 1. _____
- 2. _____
- 3. _____

Have you ever made a suicide attempt? No Yes If "Yes," in what year(s)? _____

Have you ever had homicidal thoughts or experienced explosive, uncontrolled anger? No Yes If "Yes," describe: _____

Have you ever engaged in purposeful self-harm (e.g. cutting, burning self, etc.) No Yes

If "Yes," explain: _____

Do you presently feel suicidal/homicidal (circle which)? No Yes If "Yes," explain: _____

ALCOHOL/DRUG USE

Do you currently drink alcohol/use drugs? No Yes If "Yes," how often? _____

Used alcohol/drugs in last 48 hours? Yes No If "Yes," how much? _____

Which alcohol/drug do you prefer? _____ How much usually each time? _____

List all the prescribed medications, over-the-counter drugs and street drugs you use now and have used in the past:

Prescriptions

Over-the-Counter

Street Drugs

Do you use alcohol and drugs together? No Yes If "Yes," for how many years? _____

Do you prefer to drink and/or drug: Alone? With Others?

Have you ever had a bad reaction (e.g., blackout, overdose, shakes) to a prescribed, over-the-counter, or street drug, or alcohol?) No Yes _____ If "Yes," describe: _____

RELIGIOUS INVOLVEMENT

What is your religion? Catholic Protestant Jewish Muslim Hindu Atheist Agnostic
 Other (specify) _____

How active are you in your religion: Very Some Minimal None

Are you satisfied with your degree of religious involvement? Yes No

ANY OTHER INFORMATION YOU WOULD LIKE TO ADD

Signature of Informant

Date

I have reviewed this questionnaire with the patient/informant:

Clinician's Signature/Credentials

Date